



# The Hong Kong College of Orthopaedic Surgeons 15<sup>th</sup> Rehabilitation Symposium

## Multidisciplinary Management of Musculoskeletal Pain

**25 September 2021, Saturday**  
**Free Paper Session**

Time	Topics	Moderators/Speakers
08:30 – 10:00	Session 1 – Free Paper Session	Dr. Hon-bong LEUNG Dr. William Kin-Hung CHENG
08:30 – 08:38	1. Enhancement of Fall Prevention in Activities of Daily Living (ADLs) During Hospitalization	Mr. Ling-chi LAM
08:38 – 08:46	2. Triaged Physiotherapy Program was Effective for the Rehabilitation of Patients with Neck or Back Conditions	Ms. Pui-yan LAM
08:46 – 08:54	3. The Evolution of Venous Thromboembolism Guideline in Total Knee Replacement Rehabilitation: 10-Years' Experience from a Joint Replacement Centre	Dr. Chi-kin LO
08:54 – 09:02	4. Outcomes of A Local Splint Program for Mallet Injury: A Retrospective Review	Ms. Sylvia Hei-ting LO
09:02 – 09:10	5. Fragility Fracture Liaison Service to Bridge Secondary Fracture Prevention Gap For Osteoporosis With "4i" Approach: Identify, Investigate, Intervene, Involvement	Dr. Raymond Wai-kit NG
09:10 – 09:18	6. Objective Changes in Physical Activity Among Patients With Lumbar Spinal Stenosis Following Prehabilitation Before Surgery – A Pilot Randomized Controlled Trial	Dr. Arnold Yu-lok WONG
09:18 – 09:26	7. Factors Affecting Pain and Disability in People with Chronic Low Back Pain	Dr. Arnold Yu-lok WONG
09:26 – 09:34	8. Local Experience Sharing : Exercise Training Programme for Patients with Knee Osteoarthritis in MMRC	Mr. Shun-shing YEUNG
09:34 – 09:42	9. Can Daily Physiotherapy Service Improve The Outcome of Patients With Total Knee Arthroplasty?	Mr. Ho-ting YIP
09:42 – 10:00	Discussion / Wrap-up	



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<b>08:30 – 10:00</b>	<b>Session 1 - Free Paper Session</b>	<b>Dr. Hon-bong LEUNG Dr. William Kin-hung CHENG</b>
10:00 – 10:15	Break	
<b>10:15 – 10:30</b>	<b>Session 2 - Opening Ceremony</b>	<b>Dr. Ka-ho NG</b>
10:15 – 10:30	2.1 Opening Speech, President of HKCOS	Dr. Wilson LI
<b>10:30 – 11:40</b>	<b>Session 3 - Chronic Low Back Pain - What To Do When There Is Nothing Left To Do</b>	<b>Dr. Sheung-wai LAW</b>
10:30 – 10:50	3.1 Orthopedic Surgeon's Perspective - Assessment Management Before Referral to Pain Specialists	Dr. Sheung-wai LAW
10:50 – 11:10	3.2 Pain Specialist's Perspective: When to Refer to Pain Clinics?	Dr. Kok-eng KHOR
11:10 – 11:30	3.3 Basic Science of Pain – Neuropathic Vs Nociceptive Pain	Dr. Kok-eng KHOR
11:30 – 11:40	Q & A	
<b>11:40 – 12:50</b>	<b>Session 4 - Complex Regional Pain Syndrome</b>	<b>Dr. Enoch Erh-heng CHEN</b>
11:40 – 12:00	4.1 Update of Diagnostic Criteria and Clinical Assessment	Dr. Angela Wing-hang HO
12:00 – 12:20	4.2 Complex Regional Pain Syndrome - Australia Experience	Dr. Kok-eng KHOR
12:20 – 12:40	4.3 Principles and Practices on Intervention Pain Management	Dr. Kok-eng KHOR
12:40 – 12:50	Q & A	
<b>12:50 – 14:00</b>	<b>Session 5 – Lunch Break</b>	



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<b>14:00 – 15:25</b>	<b>Session 6 - Practical Approach to Neuropathic Pain</b>	<b>Dr. Wing-yuk MOK</b>
14:00 – 14:20	6.1 Chronic Pain Care Model: A Local Experience	Dr. Debriel OR
14:20 – 14:40	6.2 Integrative Care for Neuropathic Pain	Mr. Ricky LAU
14:40 – 15:00	6.3 Functional Restoration – Occupational Therapy Approach	Mr. Jonathan CHOW
15:00 – 15:10	Q & A	
15:10 – 15:25	Break	
<b>15:25 – 16:35</b>	<b>Session 7 –Interventional Pain Management</b>	<b>Dr. Chor-yin LAM</b>
15:25 – 15:45	7.1 Local Experience of Radiofrequency	Dr. Adrian Hon-bong LEUNG
15:45 – 16:05	7.2 Regenerative Medicine : Basic Science, Clinical Research, Treatment Regimens and Recommendation	Dr. Tony Kwun-tung NG
16:05 – 16:25	7.3 Spinal Cord Stimulation	Dr. Sunny Yuk-ming LEE
16:25 – 16:35	Q & A	
<b>16:35 – 16:40</b>	<b>Session 8 – Announcement of Best Paper Award and Closing Remark</b>	<b>Dr. Ka-ho NG</b>