# To all HKCOS Fellows

## 1. <u>Synchronization of the CME cycle with calendar year</u>

Please be informed that the HK Academy of Medicine has decided to synchronize all the CME cycles for the Academy Fellows from year 2005. All the CME cycle would start afresh from 1 January 2005.

In order to achieve this end, the current CME cycle for all the active HKCOS Fellows (including both the April and the October batch) would have to submit their Annual CME Return ended on December 2004 by one-off arrangement. The CME point requirement for Oct-Dec 04 will be calculated on pro-vita basis. Fellows are reminded to accumulate enough CME points to fulfill the requirement for these 3 months.

## The deadline for 2003-04 CME Annual Return will be on 31 January 2005.

## 2. <u>Rehab CME</u>

With the establishment of the Orthopaedic Rehabilitation Subspecialty, the "HKCOS Council" has decided that the CME Cycle for Rehabilitation will start on 1 January 2005.

Please note that only those *Fellows who choose to register as Rehabilitation Specialist under the Medical Council of Hong Kong* are required to submit Rehab CME. The CME points required per cycle is 90 points and of which, 45 points should be obtained from rehabilitation activities. A minimum of 10 Rehab CME points is also required per year.

### First Fellow awarded Subspecialty in Rehabilitation under HKCOS does not require submitting additional Rehab CME in his/her Annual Return other than the existing requirement.

*Fellows who are also members of the Orthopaedic Rehabilitation Subspecialty Board* are required to submit 15 Rehab CME points per year in addition to the 90 points per CME cycle as required by the Academy.

A point conversion table of the current CME point for the existing Formal College Preapproved Academic Activities was adopted. The Journal list for self-study was also updated. Please refer to the College web-site. Kindly note that Fellows one can claim either the usual CME or Rehab CME each time. To facilitate CME Annual Return for the year 2005, Rehab CME activities have been back dated to approved rehab meeting held after 1 July 2004.

> CME Committee, HKCOS November 2004