



The Hong Kong College of Orthopaedic Surgeons
15th Rehabilitation Symposium cum
7th Sir Harry Fang Oration

Multidisciplinary Management of Musculoskeletal Pain

Day 1, 12 October 2019, Saturday

Free Paper Session 1A Shaw Auditorium (1/F)

Time	Topics	Moderators/Speakers
08:45 – 10:30	Session 1A – Free Paper Session (Concurrent)	Dr. Hon-bong LEUNG
08:45 – 08:53	1A.1 Rehabilitation Performance of Same Stage Bilateral Total Knee Replacement Compared to Two Stage Bilateral	Dr. Raymond Chung-wai WAN
08:53 – 09:01	1A.2 Shortened Length of Stay of Total Knee Replacement Patients in Non-Joint Replacement Center With Enhanced In-Patient Physiotherapy Program	Dr. Kwong-yin CHUNG
09:01 – 09:09	1A.3 Effect of Periarticular Multimodal Analgesic Injection on In-hospital Rehabilitation After Total Knee Replacement	Dr. Hoi-yeung IP
09:09 – 09:17	1A.4 Role of Pharmacologic Thromboprophylaxis in Total Knee Replacement Rehabilitation For Obese Patients	Dr. Chi-kin LO
09:17 – 09:25	1A.5 Responsiveness Property of The Traditional Chinese Version of The 24-Item Early Onset Scoliosis Questionnaires (EOSQ-24)	Dr. Thomas Ka-chun LEUNG
09:25 – 09:33	1A.6 Outcome of Lower Limb Amputation And 1-year Mortality Rate in The Hong Kong Chinese Population	Dr. Pui-man CHUNG
09:33 – 09:41	1A.7 Can A Modified Rehabilitation Protocol in Total Knee Arthroplasty Reduce The Incidence of Recurrent Fixed Flexion Deformity in Patients With Preoperative Fixed Flexion Deformity? A Randomised Controlled Trial	Dr. Ping-keung CHAN
09:41 – 09:49	1A.8 Fragility Fracture Liaison Service to Bridge Secondary Fracture Prevention Gap For Osteoporosis With “4i” Approach: Identify, Investigate, Intervene, Involvement	Dr. Raymond Wai-kit NG
09:49 – 10:30	Discussion / Wrap-up	



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Free Paper Session 1B Kai Chong Tong (G/F)

Time	Topics	Moderators/Speakers
08:45 – 10:30	Session 1B – Free Paper Session (Concurrent)	Dr. William Kin-Hung CHENG
08:45 – 08:52	1B.1 Simon's Ring - Innovative Splint Design to Enhance Hand Function Training	Mr. Kam-man WONG
08:52 – 08:59	1B.2 From Clinic to Community: Map Out Your Exercise Plan at Fingertip	Mr. Wai-yin LEE
08:59 – 09:06	1B.3 Can Daily Physiotherapy Service Improve The Outcome of Patients With Total Knee Arthroplasty?	Mr. Ho-ting YIP
09:06 – 09:13	1B.4 Triaged Physiotherapy Program was Effective for the Rehabilitation of Patients with Neck or Back Conditions	Ms. Pui-yan LAM
09:13 – 09:20	1B.5 Predictive Factors of Resumption of Functional Mobility after Spinal Cord Injury Rehabilitation – a Prospective Cohort Study in Kowloon Hospital	Ms. Wai-kun CHAN
09:20 – 09:27	1B.6 Back to Community and Being Active Again – Exercise Training Programme for Patients with Knee Osteoarthritis in MMRC	Mr. Shun-shing YEUNG
09:27 – 09:34	1B.7 Quality of Life and The Time Course of Physical Recovery After Total Knee Arthroplasty	Mr. Shun-shing YEUNG
09:34 – 09:41	1B.8 Outcomes of A Local Splint Program for Mallet Injury: A Retrospective Review	Ms. Sylvia Hei-ting LO
09:41 – 09:48	1B.9 Pilot Study on Tele-Physiotherapy Home-based Program For Geriatric Hip Fractures	Mr. Kin-ming LAU
09:48 – 09:55	1B.10 Speedy Recovery, Early Home! - Daily Physiotherapy Benefits Geriatric Hip Fracture Patients	Ms. Mei-yee FUNG
09:55 – 10:02	1B.11 Enhancement of Fall Prevention in Activities of Daily Living (ADLs) During Hospitalization	Mr. Ling-chi LAM
10:02 – 10:09	1B.12 Objective Changes in Physical Activity Among Patients With Lumbar Spinal Stenosis Following Prehabilitation Before Surgery – A Pilot Randomized Controlled Trial	Dr. Arnold Yu-lok WONG
10:09 – 10:30	Discussion / Wrap-up	



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08:45 – 10:30	Session 1 - Free Paper Session (Concurrent) Session 1A - Shaw Auditorium (1/F) Session 1B - Kai Chong Tong (G/F)	Dr. Hon-bong LEUNG Dr. William Kin-Hung CHENG
10:30 – 11:00	Tea Break Foyer (G/F)	
11:00 – 12:45	Session 2 - Opening Ceremony & 7th Sir Harry Fang Oration Shaw Auditorium (1/F)	Dr. Ka-ho NG
11:00 – 11:15	2.1 Opening Speech, President of HKCOS	Dr. Wai-pan YAU
11:15 – 11:30	2.2 Presentation of Souvenir	Dr. David FANG & Dr. Wai-pan YAU
11:30 – 12:45	2.3 Sir Harry Fang Oration Rehabilitation Services in The Hospital Authority - Past, Present & Future”	Prof. John LEONG Chi-yan
12:45 – 14:00	Session 3 - Lunch Break Foyer (G/F)	
14:00 – 15:30	Session 4 - Chronic Low Back Pain - What To Do When There Is Nothing Left To Do Shaw Auditorium (1/F)	Dr. Sheung-wai LAW
14:00 - 14:20	4.1 Orthopedic Surgeon’s Perspective - Assessment Management Before Referral to Pain Specialists	Dr. Sheung-wai LAW
14:20 – 14:40	4.2 Pain Specialist’s Perspective: When to Refer to Pain Clinics?	Dr. Kok-eng KHOR
14:40 – 15:00	4.3 Chronic Pain Care Model: New Territories East Cluster Experience	Dr. Phoon-ping CHEN
15:00 – 15:30	Q&A	
15:30 – 16:00	Tea Break Foyer (G/F)	



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Time	Topics	Moderators/Speakers
16:00 – 17:30	Session 5 - Interventional Pain Management Shaw Auditorium (1/F)	Dr. Enoch Erh-Heng CHEN
16:00 – 16:20	5.1 Principles and Practices on Intervention Pain Management	Dr. Kok-eng KHOR
16:20 – 16:40	5.2 Local Experience of Radiofrequency	Dr. Adrian Hon-bong LEUNG
16:40 – 17:00	5.3 Regenerative Medicine : Basic Science, Clinical Research, Treatment Regimens and Recommendation	Dr. Tony Kwun-tung NG
17:00 – 17:30	Q&A	



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Day 2, 13 October 2019, Sunday, Kai Chong Tong (G/F)

Time	Topics	Moderators/Speakers
09:00 – 10:30	Session 6 – Practical Approach to Neuropathic Pain	Dr. Wing-yuk MOK
09:00 – 09:20	6.1 Basic Science of Pain – Neuropathic Vs Nociceptive Pain	Dr. Kok-eng KHOR
09:20 – 09:40	6.2 Integrative Care for Neuropathic Pain	Mr. Ricky LAU
09:40 – 10:00	6.3 Functional Restoration – Occupational Therapy Approach	Mr. Edward Man-tai CHAN
10:00 – 10:30	Q&A	
10:30 – 11:00	Tea Break Foyer (G/F)	
11:00 – 12:30	Session 7 - Complex Regional Pain Syndrome	Dr. Chor-yin LAM
11:00 – 11:20	7.1 Update of Diagnostic Criteria and Clinical Assessment	Dr. Angela Wing-hang HO
11:20 – 11:40	7.2 Australia Experience	Dr. Kok-eng KHOR
11:40 – 12:00	7.3 Spinal Cord Stimulation	Dr. Sunny Yuk-ming LEE
12:00 – 12:30	Q&A	
12:30 – 12:45	Session 8 - Presentation of Best Paper Award and Wrap-up	Dr. Ka-ho NG