

6 – 7 February 2010, **Shaw Auditorium**, Post-graduate Education Centre, Prince of Wales Hospital

Date	6 Feb	
Time		
Session 1	<b>ACL Injuries</b> <i>Moderators: Patrick Yung, HY Kwok</i>	
0900-0910	Sports Rehabilitations: Opportunities & Challenges Ahead (KM Chan)	
0910-0935	Healing of a Torn ACL: What Will It Take? (Savio Woo)	
0935-1000	Surgical Treatment of ACL Injury in 2010 (Ryosuke Kuroda)	
1000-1025	Rehabilitation after ACL Reconstruction in Sportsman – Current Advances (Raymond Li)	
1025-1100	Tea break	
Session 2	<b>Overuse Injuries in Sports</b> <i>Moderators: HY Kwok, Gabriel Ng</i>	
1100-1125	The Assessment of Overuse Lower Leg and Foot Injuries in an Athlete (Thomas McPoil)	
1125-1150	The Role of Foot Orthoses in the Management of Overuse Conditions in the Athletes (Thomas McPoil)	
1150-1215	Case Discussion (Eric Ho, Billy Law)	
1215-1400	Lunch break	
Session 3	<b>Patello-Femoral Joint Problems</b> <i>Moderators: EH Chen, August Fok</i>	
1400-1425	Motor Control of the Vasti Muscles and its Implications in Rehabilitation of Patellofemoral Pain (Gabriel Ng)	
1425-1450	Current Concepts and Technique in Surgical Management of Patello-Femoral Joint Instability (HM Ho)	
1450-1515	Case Discussion (WL Chan/WN Lo)	
1515-1545	Tea break	
Session 4	<b>Working in a Sports Team</b> <i>Moderators: EH Chen, HM Ho</i>	
1545-1605	Role of Sports Physician in 2010 (Demitri Constantinou)	
1605-1625	Life as Team Doctor serving English Premier League Football Team (Christer Rolf)	
1625-1645	Sports Medicine Supports for FIFA 2010 World Cup (Demitri Constantinou)	
1645-1705	Sports Rehabilitation Service for HK Elite Athletes (Raymond Li)	
1705-1715	Discussion	

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Session 5	<b>Recovery, Conditioning &amp; Injury Prevention</b> <i>Moderators: Patrick Yung, Cindy Sit</i>
0900-0925	Sports Recovery (Raymond So)
0925-0950	Conditioning of the Injured Athletes Back to Sports Field (Michael Tse)
0950-1015	Injury Prevention Program in Football (Justin Lee)
1015-1030	Discussion
1030-1100	Tea break
Session 6	<b>Sports for the physically challenged</b> <i>Moderators: James Lam, SW Law</i>
1100-1125	The Pathway from Rehabilitation to Paralympic Games (Peter Van de Vliet)
1125-1150	HKPC&SAPD: The Past, Present and Future (Martin Lam)
1150-1215	The Role of a Medical Personnel in the Enhancement of Disabled Sports (Peter Van de Vliet)
1215-1245	<b>Discussion Forum</b> (Martin Lam and invited athletes)