

HKCOS EDUCATIONAL DAY IN KNEE - DAY ONE DECEMBER 28th 2019



2:00 pm – 5:00 pm	PRIMARY ACLR – PART II and III	Lecture Room, F3, 3/F, Block F, QEH
	INTERACTIVE CASE DISCUSSION - SESSION I	
14:00 – 14:25	A 18-year old girl with generalized ligamentous laxity	Case presentation
	GROUP DISCUSSION AND PRESENTATION	
	ORTHOPAEDIC CROSSFIRE SESSION I	
14:25 – 14:30	Acute ACL tear + Grade 3 MCL injury – “I repair the MCL first and perform second stage ACLR”	Case presentation
14:30 – 14:40	Affirms	CK Lo
14:40 – 14:50	Opposes	W Li
	ORTHOPAEDIC CROSSFIRE SESSION II	
14:50 – 14:55	Chronic ACL deficiency in an elite athlete – “I perform concomitant ACLR and anterior-lateral ligament reconstruction”	Case presentation
14:55 – 15:05	Affirms	WL Chan
15:05 – 15:15	Opposes	M Ong
15:15 – 15:30	TEA BREAK	
	DIDACTIC LECTURE SERIES	
15:30 – 15:40	Femoral tunnel position - Where should I place it?	CK Lo
15:40 – 15:50	What is the optimal size of graft and how to achieve it?	Gary Yip
15:50 – 16:00	Suspensory fixation vs aperture fixation - does it matter?	Ho HM
	INTERACTIVE CASE DISCUSSION - SESSION II	
16:00 – 16:25	ACL rupture in a 14-year old skeletal immature boy	Case presentation
	GROUP DISCUSSION AND PRESENTATION	
	DIDACTIC LECTURE SERIES	
16:25 – 16:35	How to avoid early complications after primary ACLR?	CK Lo
16:35 – 16:45	Infected ACLR - Incidence, prevention and management	M Ong
16:45 – 16:55	Persistent laxity and graft re-rupture	W Li
16:55 – 17:00	ROUND UP	