

HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS POST-FELLOWSHIP DEVELOPMENT AND EDUCATION

HKCOS EDUCATIONAL DAY IN KNEE – DAY ONE DECEMBER 28th 2019

10:30 am – 1:00 pm	PRIMARY ACLR – PART I	Lecture theatre, G/F, Block M, QEH
	DIDACTIC LECTURE SERIES	
10:30 – 10:45	Introduction - ACL Reconstruction in 21 st century	YUNG SH
10:45 – 11:00	Choice of graft in HK – A review	YUNG SH
11:00 – 11:15	Femoral tunnel position - Where should I place it?	LO CK
11:15 – 11:30	What is the optimal size of graft and how to achieve it?	YIP GARY
11:30 – 11:45	Suspensory fixation vs aperture fixation - does it matter?	HO HM
11:45 – 12:00	Concomitant ACLR and Anterior-lateral ligament reconstruction	CHAN WL
12:00 – 12:15	How to avoid early complications after primary ACLR?	LO CK
12:15 – 12:30	Infected ACLR - Incidence, prevention and management	ONG M
12:30 – 12:45	Persistent laxity and graft re-rupture	LI W
12:45 – 13:00	DISCUSSION AND ROUND-UP	

